

BEVERAGES & SPECIALTY DRINKS

Banana Yogurt Smoothie (choice to add mango, blueberry or raspberry)	8
Fresh Orange, Apple or Pink Grapefruit Juice	5
Cranberry or Tomato Juice	5
Fresh Brewed Starbucks Free Trade Coffee or Tazo Tea	4
Espresso / Americano	4
Cappuccino / Café Latte	5
Add Flavor Shot 50c + extra espresso shot \$1.50	

PASTRIES

Fresh Baked Muffin	6	All Butter Croissant	6	House-made Scone	6
Toast & Fruit Preserves	4	Multigrain Bagel & Cream Cheese	7	Gluten Free Toast	5
Multigrain, sourdough, marbled rye or English muffin		Gluten Free Muffin	7		

LIGHT & HEALTHY

Continental Breakfast	18
choice of muffin, scone or butter croissant, served with vanilla yogurt & fresh fruit choice of Juice, and coffee or tea	
House-Made Toasted Almond Granola & Vanilla Yogurt	15
dried cranberries, toasted pumpkin & sunflower seeds, local BC honey, choice of pastry	
Smoked Salmon Bagel	18
red onions, capers, dill, cream cheese, toasted multigrain bagel	
Smashed Avocado Toast	16
thick-cut organic whole grain & honey toast, heirloom tomatoes, sunflower seeds, sprouts, radish, za'atar add smoked salmon +8	
Steel Cut Oats	15
Pomegranate, coconut, pumpkin seeds, pear, honey	

The Breakfast	20
two eggs any style, breakfast potatoes, choice of honey & thyme roasted pork bangers or bacon, served with choice of toast	
Prime Rib Hash	20
poached eggs, shaved prime rib, jalapeno, peppers, onions, potatoes, provolone add hollandaise +2	
Omelette	21
caramelized onions, mushrooms, herb boursin, breakfast potatoes, choice of toast	
Frittata	21
bacon, potato, leek & raclette cheese choice of toast	
Eggs Benedict	20
two poached eggs, Canadian bacon, toasted english muffin, fresh , hollandaise, breakfast potatoes substitute smoked salmon +5 substitute avocado +2	
Mascarpone Stuffed French Toast	20
brioche, raspberry, mint, limoncello honey, pistachio	
Banana Walnut Pancakes	16
Maple cinnamon butter, candied walnuts, banana, maple syrup	
<u>SIDES</u>	
Honey & Thyme Roasted Pork Bangers	8
Smoked Bacon	8
Cereal with whole or 1% milk- choice of raisin bran, vector or fruit loops	6
Seasonal Sliced Fruits or Berries	5